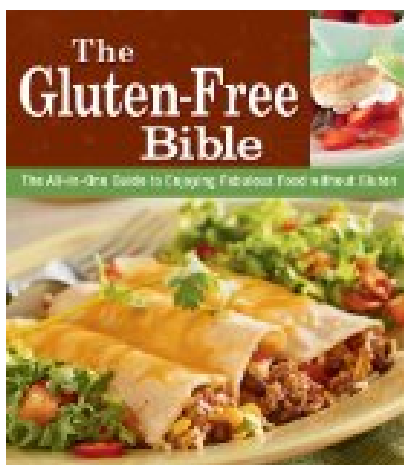


# The Gluten-Free Bible

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## BOOK DETAILS

- Author :
- Pages : 256 Pages
- Publisher : Publications International, Ltd.
- Language : English
- ISBN : 1605537233

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## BOOK SYNOPSIS

Offering a humorous but practical guide for the gluten-intolerant and wheat-allergic, the author tells how to eat nutritiously at home or out in chapters that include information on the latest research into celiac disease, dozens of new recipes, an updated resource section, and other helpful topics. Originally published as *Against the Grain*. Reprint. 20,000 first printing.

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